## Workshops

Thursday, 18 September 2025 13.00-14.00



13.00-14.00 (60 mins.)

Theme: Harm Reduction

Presenter(s):

Nathan Murdoch Manager of Shared Living – H.O.M.E Society British Columbia, Canada nathan.murdoch@homesociety.ca

At its core, harm reduction is not about forcing change. It's about meeting people where they are—emotionally, physically, and spiritually. It doesn't demand abstinence. It doesn't shame or isolate. It accepts that people use substances for a variety of reasons—often rooted in trauma, pain, or disconnection—and it seeks to reduce the harm they experience, not the person.

The power of harm reduction isn't just in giving someone a clean needle or a safe space to use. It's in offering relationships, respect, and reconnection. We will spend the hour discussing the foundations of Harm Reduction, its current form and what the future might hold and meet some of the people Harm Reduction has affected along the way.



13.00-14.00 (60 mins.)

## Theme:

They used to want you – now WE want you even more.

## Presenter(s):

Kirsten Hansen - Social and Health Care Assistant, Landsbyen Sølund Kirsten Ritz - Social Educator, Landsbyen Sølund Skanderborg, Denmark Kirsten.hansen.rasmussen@skanderborg.dk

We aim to describe a residential facility that has undergone significant development and a major staff transition over the past three years. This journey has led to remarkable improvements in the well-being of each resident, who now experiences greater happiness and stability in daily life.

Today, the staff team is a cohesive blend of various professional backgrounds, working together to enhance each other's strengths. We build our daily interactions on trust and mutual respect, fostering a healthy culture of constructive disagreement, where we value each other's expertise and embrace continuous learning.

Our approach is rooted in the experiences of our residents, who have been part of this transformation. We explore why and how our team successfully reshaped the living environment—guided by the principles of Gentle Teaching (GT).



13.00-14.00 (60 mins.)

**Theme:** The essence of Gentle Teaching - all the colors

## Presenter(s):

Vivi Storm Skou & Mentors Educator and leader of living unit - Sølund, Skanderborg, Denmark vivi.storm.skou@skanderborg.dk

The gentle teaching mentors and I will be telling you about how we work with the essence of Gentle Teaching and how we educate and inspire each other in the community and how we most of all develop practice, where the people we help feel secure and safe, loved and valued, warm and loving towards others and engaged in our community. We will also tell you about how we secure development both professionally and personally for all our colleagues.

Since 2002 we have been developing a lot of professional methods on the foundation of Gentle Teaching values: neuro pedagogy, life stories, developmental psychology, integration of the senses, play therapy, sand play therapy and many other tools and methods. Which we have made a lot of workshops about earlier on Gentle Teaching Conferences. We will also tell you about our work with implementing the methods in practice.